

SIZING IS AS EASY AS 1, 2, 3!

1. Measure your team

A. Bust/Chest

Measure around the full part and keep your tape close under the arms and across, not under, the shoulder blade.

B. Waist

Measure at the narrowest point.

C. Hips

Stand straight with your heels together and keep the tape parallel to the floor as you measure around the fullest part.

D. Girth

Measure from the center of right shoulder, down the front, through the crotch and up the back to the center of the left shoulder.



- To ensure accuracy, never measure yourself.
- Measure over the undergarments you normally wear when performing, NOT over street clothes.
- Keep measuring tape straight and snug, but not tight. Don't add or subtract inches.
- Locate the measurements that most closely match yours. Not all measurements will be exact. Girth is most important.
- Got questions? Call our Customer Service Experts at 1.800.458.2549.

2. Choose your worksheet

We've got two worksheets in this order form; the Sizing and the Lettering worksheet. These will help you keep track of your team's individual information. And if you need any other assistance, please call our Customer Service Experts. We'll be glad to help you figure it all out!

Made to order sketch area
Please check the sketch area for all fabric and color indicated and the order form on the other side, and fax to us at 888.928.2282. School Name Here

Sizing Worksheet

Your Name: _____ School/Organization: _____

Contact information: _____

Instructions:
Measure your team members. Enter each individual's measurements below. See the appropriate size chart on page 201 and indicate size.
Note: Check one: Use the measurements I provided Use the sizes I provided

NAME	BUST	WAIST	HIPS	CBODY	HEIGHT	SIZE 1	SIZE 2

Page # _____ Style # _____

Sleeves No sleeves

Indicate your bottom option

Fabric	Color
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

Choose lettering sketch area

Lettering worksheet

Your Name: _____ School/Organization: _____

CONTACT INFORMATION _____


INSTRUCTIONS:
Choose your lettering style.
List garment, size and what you want your lettering to say.
Note the location of your lettering and height of letters.
List your colors and fabrics, from the top fabric, to middle, then bottom.
Note: Please check your lettering type:

Embroidery Fabric
 Thermo film Rhinestones Sequins

1. What would you like to have lettered? FRONT

Item # _____
Page # _____
Item color _____
Choice of color can influence your lettering style.
If measures look better on dark backgrounds


Lettering colors _____



FRONT

2. Where would you like the lettering? Check all that apply

Bodice front center
 Left chest
 Right chest
 Back
 Pant/skirt
 Bag
 Other



BACK

Lettering color/fabric worksheet

Color 1	Color 2	Color 3	Color 4	Color 5	Color 6	Fabric	Height

Embroidery worksheet

Color 1	Color 2	Color 3	Color 4	Color 5	Color 6

SUBTOTAL

Special pricing options

The prices below represent items that will be an additional charge added to the catalog price.

SPECIAL SIZING

We manufacture uniforms to fit any member of your group for students exceeding our size chart 5X and made-to-measure fees apply.

SIZES 22-28	ADD	\$25.00
SIZES A2X-A3X	ADD	\$25.00
SIZES 30-36	ADD	\$40.00
SIZES A4X-A5X	ADD	\$40.00
MADE TO MEASURE	ADD	\$60.00 & UP

Note: upcharges are per two piece outfit

ALTERNATE LENGTH DRESSES/PANTS/TOPS

ADD 2" - \$ 5.00 ADDITIONAL
ADD 4" - \$ 12.00 ADDITIONAL

ALTERNATE FRINGE PRICING

To Add Fringe:

6" CHAINETTE	\$10.00
6" BEALETTE (METALLIC)	\$15.00
9" CHAINETTE	\$15.00

To CHANGE FRINGE:
FROM 6" TO 9" CHAINETTE \$5.00
(THERE IS NO 9" BEALETTE FRINGE)

3. Choose your size chart

Once you've measured your team, use the charts below to pick their sizes. Note the page numbers that are applicable for each size chart.

NOTE: FOR POLY SHELLS AND SKIRTS, PAGES 81-83, CALL FOR SIZING.

FEMALE SIZE CHART

Use when ordering from pages 14-123.

NUMBER SIZES are for solid sequin garments only						
LETTER SIZES are for ultra sequin, body flex, micro sequin, lycra and plush						
CHILD SIZE CHART						
SIZE		BUST	WAIST	HIPS	GIRTH	INSEAM
2	CXS	23	21	24	37	20
4	CS	24	22	25	40	23
6	CS	25	23	26	43	23
8	CM	27	24	28	46	27
10	CM	29	25	31	48	27
12	CL	31	26	33	51	29
14	CLX	33	28	34	54	31
SUBTEEN SIZE CHART						
SIZE		BUST	WAIST	HIPS	GIRTH	INSEAM
8	AS	33	28	35	53	30
10	AS	33.5	26	35.5	55	30
12	AS	33.5	25	35.5	56.5	30
ADULT SIZE CHART						
SIZE		BUST	WAIST	HIPS	GIRTH	INSEAM
8	AXS	33	24	34.5	56.5	31
10	AM	34	25	36	58	32
12	AM	35.5	26.5	37.5	59.5	32
14	AL	37	28	39	61	33
16	AL	38.5	29.5	40.5	62.5	33
18	AXL	40	31	42	64	33.5
20	AXL	42	33	44	66	33.5
22	A2X	44	35	46	68	33.5
24	A2X	46	37	48	70	33.5
26	A3X	48	39	50	72	33.5
28	A3X	50	41	52	74	33.5
30	A4X	52	43	54	76	34
32	A4X	54	45	56	78	34
34	A5X	56	47	58	80	34
36	A5X	58	49	60	82	34

PRACTICE SECTION SIZE CHARTS

Use when ordering from pages 124-143.

SIZE CHART A:

CHILD SIZE CHART						
SIZE		BUST	WAIST	HIPS	GIRTH	INSEAM
CXS		23	21	24	37	20
CS		24-25	22-23	25-26	40-43	23
CM		27-29	24-25	28-31	46-48	27
CL		31	26	33	51	29
CXL		33	28	34	54	31
ADULT SIZE CHART						
SIZE		BUST	WAIST	HIPS	GIRTH	INSEAM
AXS		31-33	22-24	32-34.5	56.5	31
AS		33-33.5	25-28	35-35.5	53-56.5	30
AM		34-35.5	25-26.5	36-37.5	58-59.5	32
AL		37-38.5	28-29.5	39-40.5	61-62.5	33
AXL		40-42	31-33	42-44	64-66	33.5
A2X		44-46	35-37	46-48	68-70	33.5
A3X		48-50	39-41	50-52	72-74	33.5
A4X		52-54	43-45	54-56	76-78	34
A5X		56-58	47-49	58-60	80-82	34

SIZE CHART B:

ADULT SIZE CHART						
SIZE		BUST	WAIST	HIPS	GIRTH	HEIGHT
XS (2)		28-31	20-22	30-32	55-57	58-63
S (4-6)		32-34	23-25	33-35	57-59	60-65
M (8)		35-37	26-28	36-38	59-61	61-68
Tall (M-L)		35-38	26.5-30	36.5-40.5	62-65	68-71
L (10-12)		38-40	29-31	39-41	61-63	63-70
XL (14)		41-43	32-34	42-44	63-65	64-70

SIZE CHART C:

CHILD SIZE	CHEST	WAIST
CXS	22-24	19-21
CS	25-27	21-23
CM	28-30	23-25
CL	31-33	25-27
ADULT SIZE	CHEST	WAIST
AXS	32-33	24.5-25.5
AS	34-35	26.5-27.5
AM	36-38	28.5-29.5
AL	39-41	30.5-32
AXL	42-44	33.5-35
A2XL	45-47	36-38

SIZE CHART D:

SIZE	CHEST	BODY
	WIDTH (on half)	LENGTH*
S	15.5	25.25
M	16.5	26
L	18	26.75
XL	19.5	27.5
2XL	21	28.25

*Measured from the highest point of shoulder

MALE SIZE CHARTS

Use when ordering from pages 34-123.

MALE SIZE CHART				
SIZE	CHEST	WAIST	GIRTH	INSEAM
CMM	27-29	23-24	46-49	27
CLM	30-33	25-27	50-54	29
AXSM	33-35	27-30	54-57	30
ASM	34-37	28-32	56-60	33
AMM	38-40	33-35	61-64	33
ALM	41-43	36-38	65-67	34
AXLM	44-47	39-42	68-71	34
A2XLM	48-51	43-47	72-75	35
A3XLM	52-55	48-51	76-79	35
A4XLM	56-59	52-55	80-83	35
A5XLM	60-63	56-59	84-87	35

MALE TALL SIZE CHART				
SIZE	CHEST	WAIST	GIRTH	INSEAM
CMMTL	27-29	23-24	54-57	29
CLMTL	30-33	25-27	56-60	31
AXSMTL	33-35	27-30	61-64	32
ASMTL	34-37	28-32	65-67	35
AMMTL	38-40	33-35	68-71	35
ALMTL	41-43	36-38	72-75	36
AXLMTL	44-47	39-42	76-79	36
A2XMTL	48-51	43-47	80-83	37
A3XMTL	52-55	48-51	84-87	37
A4XMTL	56-59	52-55	88-91	37
A5XMTL	60-63	56-59	92-95	37

SIZE CHART E:

ADULT SIZES	XXS	XS	S	M	L	XL	2XL	3XL	4XL*
SPORTS SHIRTS									
Male - Chest	N/A	N/A	35/37	38/40	41/43	44/46	47/49	50/52	53/55
Female - Chest	N/A	30/32	33/35	36/38	38/40	41/43	44/47	N/A	N/A
WARMUP JACKETS (UNISEX)									
Chest	28/29	30/33	34/37	38/41	42/45	46/49	50/53	54/57	58/61
WARMUP PANTS (UNISEX)									
Waist	22/23	24/26	28/30	32/34	36/38	40/42	44/46	48/50	52/54
WARMUP JACKETS (LADIES)									
Chest	N/A	29/31	32/34	35/37	38/40	41/43	44/46	N/A	N/A
WARMUP PANTS (LADIES)									
Waist	N/A	25/26	27/28	29/30	30/32	33/34	35/36	N/A	N/A
PULLOVERS									
Chest	N/A	30/33	34/37	38/41	42/45	46/49	50/53	54/57	58/61

If you have questions, about our size charts or measurements in general, please call our Customer Service Experts at **1.800.458.2549**.